

# Goal Setting Exercise

This goal setting exercise is accompanied by an instructional video. Please watch the video first in order to properly complete this form.

The video can be found within the member's area of [HowToAttractCustomers.com](http://HowToAttractCustomers.com).

Write down your goal **ultimate** goal: (The life style you'd like to live)

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Explain **why** you need to accomplish this goal.

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What action **steps** will you take to accomplish this goal?

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Write down a goal you'd like to achieve within **5** years:

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Explain **why** you need to accomplish this goal.

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What action **steps** will you take to accomplish this goal?

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Write down a goal you'd like to achieve within **3** years:

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Explain **why** you need to accomplish this goal.

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What action **steps** will you take to accomplish this goal?

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Write down a goal you'd like to achieve within **1** year:

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Explain **why** you need to accomplish this goal.

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What action **steps** will you take to accomplish this goal?

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Write down a goal you'd like to achieve within **6** months:

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Explain **why** you need to accomplish this goal.

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What action **steps** will you take to accomplish this goal?

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Write down a goal you'd like to achieve within **3** months:

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Explain **why** you need to accomplish this goal.

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What action **steps** will you take to accomplish this goal?

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Write down a goal you'd like to achieve within **30** days:

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Explain **why** you need to accomplish this goal.

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What action **steps** will you take to accomplish this goal?

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